

ANGLIA ROUTE

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Monday Night Part 1: Suburban and Fast Lines	38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36	PLATFORMS 1-4 TO BE KEPT CLEAR TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-17 WA TRAINS TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0145 TUE
	Liverpool Street	Platforms 1-4 POSSESSION 0040 to 0505 Tue	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0505 Tue	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast* POSSESSION 0145 to 0400 Tue	
	* Down and Up Fast 0120 to 0440 Tue in Weeks 41, 47, 01, 07, 13, 19, 25 and 31 in connection with GE Cyclic Type 3A		

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Monday Night Part 2: Electrics and Mains Lines (EVEN WEEKS)	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36	WA TRAINS TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0145 TUE
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0450 Tue	
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0110 to 0450 Tue	GE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 LIVERPOOL STREET TO MARYLAND 0110 TO 0145 AND 0425 TO 0450 TUE
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0450 Tue	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI DIRECTIONAL LINE
	Liverpool Street	Platforms 5-12 POSSESSION 0145 to 0425 Tue	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0145 to 0425 Tue	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-17
	Bow Jn and Bow Midland Yard	Down Temple Mills POSSESSION 0145 to 0425 Tue	ISOLATION OF PLATFORMS 5-17 TO BE GIVEN UP AT 0405 TUE IF REQUIRED
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0145 to 0425 Tue	
	Bethnal Green East Jn and Bethnal Green North Jn	Down and Up Fast POSSESSION 0145 to 0425 Tue	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Monday Night Part 2: Electrics and Mains Lines (ODDS WEEKS)	39, 41, 45, 47, 51, 01, 05, 07, 11, 13, 17, 19, 23, 25, 29, 31, 35	WA TRAINS TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0145 TUE
	Liverpool Street	Platforms 13-17 POSSESSION 0110 to 0450 Tue	GE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 LIVERPOOL STREET TO MARYLAND EAST CROSSOVERS 0110 TO 0145 AND 0425 TO 0450 TUE
	Liverpool Street and Maryland East Jn Forest Gate Jn	Down and Up Electric POSSESSION 0110 to 0450 Tue	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI DIRECTIONAL LINE
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0450 Tue	TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5-17
	Liverpool Street	Platforms 5-12 POSSESSION 0145 to 0425 Tue	ISOLATION OF PLATFORMS 5-17 TO BE GIVEN UP AT 0405 TUE IF REQUIRED
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0145 to 0425 Tue	
	Bow Jn and Bow Midland Yard	Down Temple Mills POSSESSION 0145 to 0425 Tue	
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0145 to 0425 Tue	
	Bethnal Green East Jn and Bethnal Green North Jn	Down and Up Fast POSSESSION 0145 to 0425 Tue	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Tuesday Night: (EVEN WEEKS)	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36	<p>WA TRAINS TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0110 WED</p> <p>GE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 LIVERPOOL STREET TO BOW JN 0110 TO 0125 AND 0430 TO 0455 WED</p> <p>STANSTED AIRPORT SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 LIVERPOOL STREET AND BOW JN, AND VIA PLATFORMS 11-12 AT STRATFORD FROM 0430 TO 0455 WED</p> <p>TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI DIRECTIONAL LINE</p> <p>PLATFORMS 1-10 TO BE CLEAR TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 11-17</p> <p>ISOLATION OF PLATFORMS 11-17 TO BE GIVEN UP AT 0405 WED IF REQUIRED</p>
	Liverpool Street	Platforms 1-10 POSSESSION 0040 to 0455 Wed	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0455 Wed	
	Liverpool Street	Platforms 11-12 POSSESSION 0110 to 0455 Wed	
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0110 to 0455 Wed	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0455 Wed	
	Bow Jn and Bow Midland Yard	Down and Up Temple Mills POSSESSION 0110 to 0455 Wed	
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Wed	
	Liverpool Street and Forest Gate Jn Maryland East Jn	Down and Up Electric POSSESSION 0125 to 0430 Wed	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0125 to 0430 Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Tuesday Night: (ODDS WEEKS)	39, 41, 45, 47, 51, 01, 05, 07, 11, 13, 17, 19, 23, 25, 29, 31, 35	WA TRAINS TO TRAVEL OVER THE DOWN AND UP FAST BETWEEN HACKNEY DOWNS L/END JN TO BETHNAL GREEN EAST JN FROM 0040 TO 0110 WED
	Liverpool Street	Platforms 1-10 POSSESSION 0040 to 0455 Wed	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0040 to 0455 Wed	GE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 LIVERPOOL STREET TO BOW JN 0110 TO 0125 AND 0430 TO 0455 WED
	Liverpool Street	Platforms 11-12 POSSESSION 0110 to 0455 Wed	STANSTED AIRPORT SERVICES TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 LIVERPOOL STREET AND BOW JN, AND VIA PLATFORMS 11-12 AT STRATFORD FROM 0430 TO 0455 WED
	Liverpool Street and Bow Jn	Down and Up Main POSSESSION 0110 to 0455 Wed	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0455 Wed	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI DIRECTIONAL LINE
	Bow Jn and Bow Midland Yard	Down and Up Temple Mills POSSESSION 0110 to 0455 Wed	
	Liverpool Street	Platforms 13-17 POSSESSION 0125 to 0430 Wed	PLATFORMS 1-10 TO BE CLEAR TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 11-17
	Liverpool Street and Maryland East Jn	Down and Up Electric POSSESSION 0125 to 0430 Wed	ISOLATION OF PLATFORMS 11-17 TO BE GIVEN UP AT 0405 WED IF REQUIRED
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0125 to 0430 Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Wednesday Night: (EVEN WEEKS)	38, 40, 42, 44, 46, 48, 50, 52, 02, 04, 06, 08, 10, 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36	GE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 LIVERPOOL STREET AND MARYLAND EAST CROSSOVERS FROM 0005 TO 0045 THU GE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 LIVERPOOL STREET AND FOREST GATE JN FROM 0045 TO 0110 THU AND 0430 TO 0450 THU
	Liverpool Street	Platforms 13-17 POSSESSION 0005 to 0450 Thu	
	Liverpool Street and Pudding Mill Lane Jn	Down and Up Electric POSSESSION 0005 to 0045 Thu	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0005 to 0450 Thu	WA TRAINS TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 LIVERPOOL STREET 0110 TO 0145 THU
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0045 to 0450 Thu	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE TOCS TO BID FOR LINE CHANGES
	Liverpool Street	Platforms 5-12 POSSESSION 0110 to 0430 Thu	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0110 to 0430 Thu	PLATFORMS 13-17 TO BE CLEAR TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-12
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0430 Thu	ISOLATION OF PLATFORMS 1-12 TO BE GIVEN UP AT 0405 THU IF REQUIRED
	Bow Jn and Bow Midland Yard	Down Temple Mills POSSESSION 0110 to 0430 Thu	* Down and Up Electric 0055 Thu start in weeks 38, 44, 50, 04, 10, 16, 22, 28, 34 in connection with LTS Cyclic Type 1a and C2C diversions to Liverpool Street
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0110 to 0430 Thu	
	Liverpool Street	Platforms 1-4 POSSESSION 0145 to 0430 Thu	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0145 to 0430 Thu	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Wednesday Night: (ODDS WEEKS)	39, 41*, 45, 47*, 51, 01*, 05, 07*, 11, 13*, 17, 19*, 23, 25*, 29, 31*, 35 and all nights in Weeks 37, 43, 49, 03, 09, 15, 21, 27, 33	GE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 LIVERPOOL STREET AND MARYLAND EAST CROSSOVERS 0005 TO 0045 THU GE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN PLATFORMS 5-12 LIVERPOOL STREET AND FOREST GATE JN 0045 TO 0110 AND 0430 TO 0450 THU
	Liverpool Street	Platforms 13-17 POSSESSION 0005 to 0450 Thu	
	Liverpool Street and Pudding Mill Lane Jn	Down and Up Electric POSSESSION 0005 to 0045 Thu	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0005 to 0450 Thu	WA TRAINS TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 LIVERPOOL STREET 0110 TO 0145 THU
	Liverpool Street and Forest Gate Jn	Down and Up Electric POSSESSION 0045 to 0430 Thu	ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE TOCS TO BID FOR LINE CHANGES ACCESS AVAILABLE TO/FROM CENTRAL OPERATING SECTION UNTIL 0045 THU
	Liverpool Street	Platforms 5-12 POSSESSION 0110 to 0430 Thu	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0110 to 0430 Thu	PLATFORMS 13-17 TO BE CLEAR TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-12
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0430 Thu	ISOLATION OF PLATFORMS 1-12 TO BE GIVEN UP AT 0405 THU IF REQUIRED
	Bow Jn and Bow Midland Yard	Down Temple Mills POSSESSION 0110 to 0430 Thu	* Down and Up Electric 0055 Thu start in weeks 41, 47, 01, 07, 13, 19, 25, 31 in connection with LTS Cyclic Type 1a and C2C diversions to Liverpool Street
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0110 to 0430 Thu	
	Liverpool Street	Platforms 1-4 POSSESSION 0145 to 0430 Thu	
	Liverpool Street and Cambridge Heath	Down and Up Suburban POSSESSION 0145 to 0430 Thu	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Thursday Night: (ODDS & EVENS WEEKS)	38, 39, 40, 41, 42, 44, 45, 46, 47, 48, 50, 51, 52, 01, 02, 04, 05, 06, 07, 08, 10, 11, 12, 13, 14, 16, 17, 18, 19, 20, 22, 23, 24, 25, 26, 28, 29, 30, 31, 32, 34, 35, 36	GE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN PLATFORMS 13-17 LIVERPOOL STREET AND FOREST GATE JN FROM 0030 TO 0105 FRI AND 0430 TO 0500 FRI
	Liverpool Street	Platforms 5-12 POSSESSION 0030 to 0500 Fri	
	Liverpool Street and Stratford	Down and Up Main POSSESSION 0030 to 0500 Fri	WA TRAINS TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 LIVERPOOL STREET FROM 0030 TO 0125 FRI
	Bethnal Green East Jn and Cambridge Heath*	Down and Up Fast POSSESSION 0030 to 0500 Fri	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI DIRECTIONAL LINE
	Bow Jn and Bow Midland Yard	Down Temple Mills POSSESSION 0030 to 0500 Fri	PLATFORMS 5-12 TO BE CLEAR TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 1-4 AND 13-17
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0030 to 0500 Fri	
	Liverpool Street	Platforms 13-17 POSSESSION 0105 to 0430 Fri	ISOLATION OF PLATFORMS 13-17 TO BE GIVEN UP AT 0405 FRI IF REQUIRED / NO ISOLATION TO AFFECT PLATFORMS 1-4
	Liverpool Street and Forest Gate Jn Maryland East Jn	Down and Up Electric POSSESSION 0105 to 0430 Fri	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0105 to 0430 Fri	
	Liverpool Street	Platforms 1-4 POSSESSION 0125 to 0315 Fri	
	Liverpool Street and Bethnal Green North Jn	Down and Up Suburban POSSESSION 0125 to 0315 Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1160	Liverpool Street Weeknight Strategy - Friday Night: (ODDS & EVENS WEEKS)	38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36	WA TRAINS TO TRAVEL OVER THE DOWN AND UP SUBURBAN BETWEEN HACKNEY DOWNS NORTH JN AND PLATFORMS 1-4 LIVERPOOL STREET 0110 TO 0430 SAT
	Liverpool Street	Platforms 15-17 POSSESSION 0110 to 0430 Sat	TOCS TO BID FOR LINE CHANGES ACCESS TO/FROM BOW MIDLAND AVAILABLE OVER THE DOWN TEMPLE MILLS BI-DIRECTIONAL LINE
	Liverpool Street and Forest Gate Jn/ Pudding Mill Lane Jn*	Down and Up Electric POSSESSION 0110 to 0430 Sat	PLATFORMS 13 11-17 TO BE CLEAR TRAINS TO BE STABLED AS REQUIRED IN PLATFORMS 5 1-10
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0430 Sat	*Possession to be to Pudding Mill Lane Jn on even weeks to allow for RfL infrastructure monitoring vehicle (IMV) to run to Stratford ex COS and return
	Liverpool Street	Platforms 5-14 POSSESSION 0110 to 0430 Sat	
	Liverpool Street and Stratford Central Jn West	Down and Up Main POSSESSION 0110 to 0430 Sat	
	Bethnal Green East Jn and Cambridge Heath	Down and Up Fast POSSESSION 0110 to 0430 Sat	
	Bow Jn and Bow Midland Yard	Down Temple Mills POSSESSION 0110 to 0430 Sat	
	Stratford Central Jn West and Bow Jn	Up Temple Mills POSSESSION 0110 to 0430 Sat	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 track strategy (Mon night)	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36	TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN FOREST GATE JN AND ILFORD DEPOT L/END JN. ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT THE L/END JN MAIN LINE SERVICES TO TRAVEL OVER MAIN LINES BETWEEN STRATFORD C/END JN AND ILFORD DEPOT L/END JN SERVICES TO/FROM THAMESIDE TO TRAVEL OVER THE ELECTRIC LINES TO/FROM FOREST GATE JN
	Forest Gate Jn And Ilford Depot L/end Jn	Down and Up Electric POSSESSION 0005 0010 to 0425 Tue	
	Manor Park And Ilford L/End	Down Passenger Avoiding POSSESSION 0005 0010 to 0425 Tue	
	Ilford L/end And Forest Gate Jn	Up Passenger Avoiding POSSESSION 0005 0010 to 0425 Tue	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 track strategy (Mon night)	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD FROM 0025 TO 0130 TUE MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD FROM 0130 TO 0500 TUE SOUTHEND LINE TRAINS TO TRAVEL OVER THE DOWN AND UP SOUTHEND LINES BETWEEN SHENFIELD AND MOUNTNESSING JN BETWEEN 0430 AND 0500 TUE
	Seven Kings And Romford L/End Jn	Down and Up Electric POSSESSION 0025 to 0130 Tue	
	Chadwell Heath	Turnback Line POSSESSION 0025 to 0500 Tue	
	Ilford Depot L/End Jn And Shenfield C/End	Down and Up Electric POSSESSION 0130 to 0500 Tue	
	Gidea Park	Stabling Lines 1-4 POSSESSION 0130 to 0500 Tue	
		Turnback Line POSSESSION 0130 to 0500 Tue	
	Shenfield	Platforms 4 & 5 POSSESSION 0130 to 0500 TUE	
		Bay Line/platform 6 POSSESSION 0130 to 0500 TUE	
	Shenfield C/End And Mountnessing Jn	Southend Loop POSSESSION 0130 to 0500 TUE	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 track strategy (Tue night) Maryland East Jn And Romford L/End Jn Manor Park And Ilford L/End Ilford L/End And Forest Gate Jn	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36 Down and Up Main POSSESSION 0035 to 0505 Wed Down Passenger Avoiding POSSESSION 0035 to 0505 Wed Up Passenger Avoiding POSSESSION 0035 to 0505 Wed	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN MARYLAND EAST JN AND GIDEA PARK C/END JN ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 track strategy (Tue night)	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD
	Romford L/End Jn And Shenfield Jn	Down and Up Main POSSESSION 0040 to 0505 Wed	SOUTHEND LINE TRAINS TO TRAVEL OVER THE SOUTHEND LOOP BETWEEN SHENFIELD AND MOUNTNESSING JN
	Romford And Upminster	Single POSSESSION 0040 to 0505 Wed	MTR TO STABLE AT PLATFORMS 5 AND 6 SHENFIELD
	Shenfield Jn And Mountnessing Jn	Down and Up Southend POSSESSION 0040 to 0505 Wed	ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS
	Shenfield	Platforms 1-3 and Up Passenger Loop POSSESSION 0040 to 0505 Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 track strategy (Wed night) Forest Gate Jn And Ilford Depot C/End Jn Manor Park And Ilford L/End Ilford L/End And Forest Gate Jn	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36 Down and Up Electric POSSESSION 0040 to 0425 Thu Down Passenger Avoiding POSSESSION 0040 to 0425 Thu Down Passenger Avoiding POSSESSION 0040 to 0425 Thu	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD L/END JN NO ACCESS TO ILFORD DEPOT VIA L/END JN FROM 0040 TO 0425 THU. TRAINS TO DIVERT VIA COUNTRY END

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 track strategy (Wed night)	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND ROMFORD FROM 0025 TO 0130 THU
	Seven Kings And Romford L/End Jn	Down and Up Electric POSSESSION 0025 to 0130 Thu	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN STRATFORD C/END JN AND SHENFIELD L/END JN FROM 0130 TO 0500 THU
	Chadwell Heath	Turnback Line POSSESSION 0025 to 0500 Thu	ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT C/END JN ONLY
	Ilford Depot C/End Jn And Gidea Park C/End Jn	Down and Up Electric POSSESSION 0130 to 0500 Thu	NO ACCESS AVAILABLE TO/FROM GIDEA PARK CS 0130 TO 0500 THU
	Gidea Park	Stabling Lines 1-4 POSSESSION 0130 to 0500 Thu	TRAINS TO BE STABLED IN PLATFORMS 1 AND 6 SHENFIELD
		Turnback Line POSSESSION 0130 to 0500 Thu	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 track strategy (Wed night)	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36	MAIN LINE TRAINS TO TRAVEL OVER DOWN AND UP MAIN BETWEEN GIDEA PARK C/END JN AND SHENFIELD L/END FROM 0025 TO 0115 THU
	Gidea Park C/End Jn And Shenfield L/End Jn	Down and Up Electric POSSESSION 0025 to 0115 Thu	MAIN LINE TRAINS TO TRAVEL OVER DOWN AND UP MAIN BETWEEN GIDEA PARK C/END JN AND SHENFIELD FROM 0115 TO 0500 THU
	Gidea Park C/End Jn And Shenfield C/End	Down and Up Electric POSSESSION 0115 to 0500 Thu	SOUTHEND LINE TRAINS TO TRAVEL OVER THE DOWN AND UP SOUTHEND LINES BETWEEN SHENFIELD AND MOUNTNESSING JN FROM 0115 TO 0500 THU
	Shenfield	Platforms 4 & 5 POSSESSION 0115 to 0500 Thu	TRAINS TO BE STABLED IN PLATFORMS 1 AND 6 SHENFIELD
	Shenfield C/End And Mountnessing Jn	Southend Loop POSSESSION 0115 to 0500 Thu	ISOLATION OF SHENFIELD PLATFORMS 4-6 PERMITTED 0115 TO 0430 ONLY

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 track strategy (Thu night) Forest Gate Jn Maryland East Jn And Romford L/End Jn Manor Park And Ilford L/End Ilford L/End And Forest Gate Jn	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36 Down and Up Main POSSESSION 0035 to 0505 Fri Down Passenger Avoiding POSSESSION 0035 to 0505 Fri Up Passenger Avoiding POSSESSION 0035 to 0505 Fri	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN FOREST GATE JN AND GIDEA PARK C/END JN ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS
EA1010 EA1011	GE 4 track strategy (Thu night) Romford L/End Jn And Shenfield Jn Romford And Upminster Shenfield Jn And Mountnessing Jn Shenfield	37, 38, 39, 40, 42, 43, 44, 45, 46, 48, 49, 50, 51, 52, 02, 03, 04, 05, 06, 08, 09, 10, 11, 12, 14, 15, 16, 17, 18, 20, 21, 22, 23, 24, 26, 27, 28, 29, 30, 32, 33, 34, 35, 36 Down and Up Main POSSESSION 0040 to 0505 Fri Single POSSESSION 0040 to 0505 Fri Down and Up Southend POSSESSION 0040 to 0505 Fri Platforms 1-3 and Up Passenger Loop POSSESSION 0040 to 0505 Fri	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD SOUTHEND LINE TRAINS TO TRAVEL OVER THE SOUTHEND LOOP BETWEEN SHENFIELD AND MOUNTNESSING JN MTR TO STABLE AT PLATFORMS 5 AND 6 SHENFIELD ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1011	GE 4 track strategy (Fri night) Ilford L/End And Shenfield L/End Jn Shenfield L/End Jn And Ilford L/End	37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36 Down Main POSSESSION 0115 to 0430 Sat Up Electric POSSESSION 0115 to 0430 Sat	DOWN MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AVOIDING/DOWN ELECTRIC BETWEEN ILFORD STATION AND SHENFIELD L/END JN UP ELECTRIC LINE TRAINS TO TRAVEL OVER THE UP MAIN/UP AVOIDING BETWEEN SHENFIELD L/END JN AND FOREST GATE JN NO ACCESS TO ILFORD CS AT C/END NO ACCESS FROM GIDEA PARK CS AT L/END NO ACCESS TO GIDEA PARK CS AT C/END

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 track strategy (Mon night) Manor Park And Ilford Depot L/end Jn Manor Park And Ilford L/End Ilford L/end And Forest Gate Jn	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Electric POSSESSION 0120 to 0425 Tue Down Passenger Avoiding POSSESSION 0120 to 0425 Tue Up Passenger Avoiding POSSESSION 0120 to 0425 Tue	MAIN LINE SERVICES TO TRAVEL OVER MAIN LINES BETWEEN STRATFORD C/END JN AND ILFORD DEPOT L/END JN ACCESS TO ILFORD DEPOT AVAILABLE VIA L/END JN
EA1010 EA1011	GE 4 track strategy (Mon night) Seven Kings And Romford L/End Jn Chadwell Heath Ilford Depot L/end Jn And Gidea Park C/End Jn Gidea Park	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Electric POSSESSION 0025 to 0130 Tue Turnback Line POSSESSION 0025 to 0130 Tue Down and Up Electric POSSESSION 0130 to 0500 Tue Stabling Lines 1-4 POSSESSION 0130 to 0500 Tue Turnback Line POSSESSION 0130 to 0500 Tue	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN ILFORD DEPOT C/END JN AND ROMFORD FROM 0025 TO 0130 TUE ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT L/END JN ONLY FROM 0130 TUE NO ACCESS AVAILABLE TO/FROM GIDEA PARK CS 0130 TO 0500 TUE

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 track strategy (Tue night) Manor Park And Romford L/End Jn Manor Park And Ilford L/End Ilford L/end And Forest Gate Jn	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Main POSSESSION 0025 to 0505 Wed Down Passenger Avoiding POSSESSION 0025 to 0505 Wed Up Passenger Avoiding POSSESSION 0025 to 0505 Wed	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN BETHNAL GREEN WEST JN AND GIDEA PARK C/END JN ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS
EA1010 EA1011	GE 4 track strategy (Tue night) Romford L/End Jn And Gidea Park C/End Jn Romford And Upminster Romford Upminster	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Main POSSESSION 0030 to 0505 Wed Single POSSESSION 0030 to 0505 Wed Platform 1 POSSESSION 0030 to 0505 Wed Platform 6 POSSESSION 0030 to 0505 Wed	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD L/END JN ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 track strategy (Wed night) Manor Park And Ilford Depot C/end Jn Manor Park And Ilford L/End Ilford L/end And Forest Gate Jn	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Electric POSSESSION 0120 to 0425 Thu Down Passenger Avoiding POSSESSION 0120 to 0425 Thu Up Passenger Avoiding POSSESSION 0120 to 0425 Thu	NO ACCESS TO ILFORD DEPOT VIA L/END JN FROM 0120 TO 0425 THU. TRAINS TO DIVERT VIA COUNTRY END
EA1010 EA1011	GE 4 track strategy (Wed night) Seven Kings And Romford L/End Jn Chadwell Heath Ilford Depot L/end Jn And Gidea Park C/End Jn Gidea Park	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Electric POSSESSION 0025 to 0130 Thu Turnback Line POSSESSION 0025 to 0130 Thu Down and Up Electric POSSESSION 0130 to 0500 Thu Stabling Lines 1-4 POSSESSION 0130 to 0500 Thu Turnback Line POSSESSION 0130 to 0500 Thu	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP MAIN BETWEEN ILFORD DEPOT C/END JN AND ROMFORD FROM 0025 TO 0130 TUE ACCESS AVAILABLE TO/FROM ILFORD DEPOT AT L/END JN ONLY FROM 0130 TUE NO ACCESS AVAILABLE TO/FROM GIDEA PARK CS 0130 TO 0500 TUE

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010	GE 4 track strategy (Thu night) Manor Park And Romford L/End Jn Manor Park And Ilford L/End Ilford L/end And Forest Gate Jn	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Main POSSESSION 0025 to 0505 Fri Down Passenger Avoiding POSSESSION 0025 to 0505 Fri Up Passenger Avoiding POSSESSION 0025 to 0505 Fri	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN BETHNAL GREEN WEST JN AND GIDEA PARK C/END JN ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS
EA1010 EA1011	GE 4 track strategy (Thu night) Romford L/End Jn And Gidea Park C/End Jn Romford And Upminster Romford Upminster	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Main POSSESSION 0030 to 0505 Fri Single POSSESSION 0030 to 0505 Fri Platform 1 POSSESSION 0030 to 0505 Fri Platform 6 POSSESSION 0030 to 0505 Fri	MAIN LINE TRAINS TO TRAVEL OVER THE DOWN AND UP ELECTRIC BETWEEN ROMFORD L/END JN AND SHENFIELD L/END JN ACCESS AVAILABLE TO/FROM ROMFORD SIDINGS

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1020	GE CYCLIC TYPE 4 Bow Jn and Stratford Central Jn West Carpenters Road South Jn and Carpenters Road North Jn Bow Midland Yard	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Temple Mills Line Blockage + Detonators 1135 to 1455 Mon-Fri (Line Blockage Between Trains +Detonators 1455 to 1550 Mon-Fri) Carpenters Road Curve Line Blockage + Detonators 1135 to 1455 Mon-Fri (Line Blockage Between Trains +Detonators 1455 to 1550 Mon-Fri) Bow Midland Yard Sidings POSSESSION 1135 to 1455 Mon-Fri	NO ACCESS TO/FROM BOW MIDLAND YARD 1135 TO 1455 6M51 TO BE RETIMED TO THE UP CHANNELSEA LOOP AND AWAIT BOOKED PATH GE CYCLIC TYPE 4

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1010 EA1020 EA1030 EA1150 EA1280 EA1320 EA1350 EA1400	GE CYCLIC TYPE 3A Bow Jn and Manor Park Stratford and Maryland Bow Jn and Temple Mills East Jn Lea Jn and Stratford Channelsea South Jn and Stratford Central Jn West High Meads Jn and Channelsea North Jn Carpenters Road North Jn and Carpenters Road South Jn Lea Jn and Channelsea North Jn Pudding Mill Lane	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Main POSSESSION 0050 to 0435 Tue-Fri Down and Up Electric POSSESSION 0110 to 0430 Tue-Fri Platform 10A/Avoiding Line POSSESSION 0050 to 0435 Tue-Fri Down and Up Temple Mills POSSESSION 0050 to 0435 Tue-Fri Down and Up NLL POSSESSION 0050 to 0435 Tue-Fri Down and Up Channelsea Curve POSSESSION 0050 to 0435 Tue-Fri Down and Up High Meads Curve POSSESSION 0050 to 0435 Tue-Fri Carpenters Road Curve POSSESSION 0050 to 0435 Tue-Fri Up Channelsea Loop POSSESSION 0050 to 0435 Tue-Fri CRL Eastbound/CRL Westbound 0110 to 0435 Tue-Fri	THAMESIDE FREIGHT DIVERTED VIA THE T&H ACCESS AVAILABLE TO ORIENT WAY CS VIA TEMPLE MILLS WEST JN – HACKNEY DOWNS AND TOTTENHAM HALE REV' IPSWICH / FELIXSTOWE FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 4L80 TO BE DIVERTED VIA T&H TRAINS TO BE STABLED IN PLATFORMS AT STRATFORD (PLATFORM 1 AND 2) 0125 START FOR ANY EL POSSESSIONS BETWEEN FOREST GATE JN AND SEVEN KINGS GE CYCLIC TYPE 3A

	Forest Gate Jn and Woodgrange Park Jn	Down and Up POSSESSION 0110 to 0435 Tue-Fri	
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 0110 to 0435 Tue-Fri	
	Manor Park and Forest Gate Jn	Up Passenger Avoiding POSSESSION 0110 to 0435 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1080 EA1090	“GEML 1in6”	41, 47, 01, 07, 13, 19, 25, 31	2348, 0018 & 0046 LIVERPOOL STREET TO COLCHESTER TO TERMINATE AT WITHAM. 0443 COLCHESTER TO LIVERPOOL STREET TO START FROM WITHAM
	Witham C/End and Ardleigh	Down and Up Main POSSESSION 0030 to 0500 Tue-Thu	
	Marks Tey Jn and Sudbury	Down & Up Sudbury POSSESSION 0030 to 0500 Tue-Thu	RAIL REPLACEMENT ROAD SERVICE BETWEEN WITHAM & COLCHESTER. TRAINS TO STABLE IN WITHAM PLATFORMS 1 , 4 & UP PASSENGER LOOP.
	Marks Tey	Up Passenger Loop POSSESSION 0030 to 0500 Tue-Thu	TRAINS TO STABLE IN COLCHESTER PLATFORMS 5, 6, BRIDGE ROAD & SUDBURY DOCK.
	Colchester	Platforms 1-6/Down and Up Goods/Up & Down Goods/Up Passenger Loop/Down Passenger Loop POSSESSION 0030 to 0500 Tue-Thu	ISOLATION OF COLCHESTER CS NOT PERMITTED.
	Colchester and Colchester Jn	Up and Down Clacton POSSESSION 0030 to 0500 Tue-Thu	FELIXSTOWE / IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER & NUNEATON.
	Colchester Jn and Hunwick Jn	Up and Down Avoiding POSSESSION 0030 to 0500 Tue-Thu	6L58 TO BE RETIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 MAINTENANCE GE Cyclic Type 126 South

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1012 EA1080 EA1090 EA1120	“GEML 1in6” Witham C/End and Ipswich Goods Jn Marks Tey Jn and Sudbury Marks Tey Colchester Colchester and Colchester Jn Colchester Jn and Hunwick Jn Manningtree South Jn and Manningtree East Jn Manningtree East Jn and Manningtree Manningtree East Jn and Manningtree North Jn	41, 47, 01, 07, 13, 19 , 25, 31 Down and Up Main POSSESSION 0200 to 0440 Fri Down & Up Sudbury POSSESSION 0200 to 0440 Fri Up Passenger Loop POSSESSION 0200 to 0440 Fri Platforms 1-6/Down and Up Goods/Up & Down Goods/Up Passenger Loop/Down Passenger Loop POSSESSION 0200 to 0440 Fri Up and Down Clacton POSSESSION 0200 to 0440 Fri Up and Down Avoiding POSSESSION 0200 to 0440 Fri Down Harwich POSSESSION 0200 to 0440 Fri Up Harwich POSSESSION 0200 to 0440 Fri North Curve POSSESSION 0200 to 0440 Fri	TRAINS TO STABLE IN COLCHESTER PLATFORMS 5, 6, BRIDGE ROAD & SUDBURY DOCK. TRAINS TO STABLE IN IPSWICH PLATFORMS 1, 4. ISOLATION OF COLCHESTER CS NOT PERMITTED. ISOLATION OF IPSWICH STATION, IPSWICH CS/LHS & IPSWICH TOP YARD TO BE WITHDRAWN BY 0405. PANTOGRAPHS TO BE LOWERED ON STABLED TRAINS. FELIXSTOWE/ IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS/ ELY/ PETERBOROUGH/ STAMFORD/ LEICESTER & NUNEATON. 6L58 TO BE RETIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 ACCESS AVAILABLE TO/FROM IPSWICH YARD VIA EAST SUFFOLK JN ONLY ACCESS AVAILABLE TO/FROM IPSWICH FUELLING POINT MAINTENANCE GE Cyclic Type 126

	Manningtree	Platform 1 POSSESSION 0200 to 0440 Fri	
	Ipswich	Platforms 1-3 POSSESSION 0200 to 0440 Fri	
	Ipswich and East Suffolk Jn	Down & Up Lowestoft POSSESSION 0200 to 0440 Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1012 EA1120	<p>"GEML 1in6"</p> <p>Ardleigh and Ipswich Goods Jn</p> <p>Manningtree South Jn and Manningtree East Jn</p> <p>Manningtree East Jn and Manningtree</p> <p>Manningtree East Jn and Manningtree North Jn</p> <p>Manningtree</p> <p>Ipswich</p> <p>Ipswich and East Suffolk Jn</p>	<p>41, 47, 01, 07, 13, 19 , 25, 31</p> <p>Down and Up Main POSSESSION 0050 to 0445 Tue-Thu</p> <p>Down Harwich POSSESSION 0050 to 0445 Tue-Thu</p> <p>Up Harwich POSSESSION 0050 to 0445 Tue-Thu</p> <p>North Curve POSSESSION 0050 to 0445 Tue-Thu</p> <p>Platform 1 POSSESSION 0050 to 0445 Tue-Thu</p> <p>Platforms 1-3 POSSESSION 0050 to 0445 Tue-Thu</p> <p>Down & Up Lowestoft POSSESSION 0050 to 0445 Tue-Thu</p>	<p>TRAINS TO STABLE AT IPSWICH PLATFORMS 1 AND 4</p> <p>ISOLATION OF IPSWICH STATION, IPSWICH CS/LHS AND IPSWICH TOP YARD TO BE WITHDRAWN BY 0405</p> <p>PANTOGRAPHS TO BE LOWERED ON STABLED TRAINS</p> <p>FELIXSTOWE / IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER & NUNEATON.</p> <p>6L58 TO BE RETIMED</p> <p>4V37 TO BE RETIMED AND RUN EARLIER AS 4V36</p> <p>ACCESS AVAILABLE TO/FROM IPSWICH YARD VIA EAST SUFFOLK JN ONLY</p> <p>ACCESS AVAILABLE TO/FROM IPSWICH FUELLING POINT</p> <p>MAINTENANCE GE Cyclic Type 126 North</p>

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011 EA1050	GE Cyclic Type 126b	41, 47, 01, 07, 13, 19, 25, 31	TRAINS TO TRAVEL OVER THE ELECTRIC LINES/SOUTHEND LOOP
	Chelmsford and Gidea Park C/End Jn	Up Main POSSESSION 0045 to 0505 Tue-Fri	MTR TO STABLE TRAINS IN PLATFORMS 4 AND 6 AT SHENFIELD
	Shenfield	Platforms 1-3/Up Passenger Loop POSSESSION 0045 to 0505 Tue-Fri	FELIXSTOWE/IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN/ BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON
	Shenfield and Mountnessing Jn	Down and Up Southend POSSESSION 0045 to 0505 Tue-Fri	6L58 TO BE RE-TIMED
	Gidea Park C/End Jn and Chelmsford	Down Main POSSESSION 0140 to 0430 Tue-Fri	4V37 TO BE RETIMED AND RUN EARLIER AS 4V36
	Gidea Park C/End Jn and Shenfield	Down and Up Electric POSSESSION 0140 to 0430 Tue-Fri	GE Cyclic Type 126b
	Shenfield	Platforms 4-6/Bay Line/Southend Loop POSSESSION 0140 to 0430 Tue-Fri Stabling Sidings 1-3 Sidings Possession 0140 to 0430 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 126c Chelmsford and Witham L/End	41, 47, 01, 07, 13, 19 , 25, 31 Down Main POSSESSION 0145 to 0445 Tue-Fri Up Main POSSESSION 0030 to 0445 Tue-Fri	FELIXSTOWE/IPSWICH FREIGHT SERVICES TO BE DIVERTED VIA BACON FACTORY CURVE / HAUGHLEY JN / BURY ST EDMUNDS / ELY / PETERBOROUGH / STAMFORD / LEICESTER AND NUNEATON 6L58 TO BE RE-TIMED 4V37 TO BE RETIMED AND RUN EARLIER AS 4V36 GE CYCLIC TYPE 126c

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 126D Shenfield C/End and Chelmsford L/End	39, 45, 51, 05, 11, 17, 23, 29, 35 Down Main POSSESSION 0005 to 0525 Tue-Wed If the possession on the Down line imports any kind of delay to Up services, this must finish by 0510. No impact to Up service beyond 0510 Tue and Wed	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN SHENFIELD C/END AND CHELMSFORD L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED GE CYCLIC TYPE 126D
EA1011	GE CYCLIC TYPE 126E Arbour Lane Crossover and Shenfield C/End	39, 45, 51, 05, 11, 17, 23, 29, 35 Up Main POSSESSION 2355 Wed-Thu to 0510 Thu-Fri If the possession on the Up line imports any kind of delay to Down services, this must not commence until 0005. No impact to down service until 0005 Thu and Fri	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN ARBOUR LANE CROSSOVER AND SHENFIELD C/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT AS APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED. GE CYCLIC TYPE 126E

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 114 Witham L/End and Chelmsford L/End	40, 46, 52, 06, 12, 18, 24, 30, 36 Up Main POSSESSION 2355 Wed-Thu to 0455 Thu-Fri If the possession on the Up line imports any kind of delay to Down services, this must not commence until 0015. No impact to down service until 0015 Thu and Fri	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN WITHAM AND CHELMSFORD L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT AS APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED MAINTENANCE GE CYCLIC TYPE 114
EA1011	GE CYCLIC TYPE 114 Arbour Lane Crossover and Witham L/End	40, 46, 52, 06, 12, 18, 24, 30, 36 Down Main POSSESSION 0015 to 0525 Tue-Wed If the possession on the Down line imports any kind of delay to Up services, this must finish by 0455. No impact to Up service beyond 0455 Tue and Wed	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN ARBOUR LANE CROSSOVERS AND WITHAM L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED MAINTENANCE GE CYCLIC TYPE 114

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 112 Colchester L/End and Kelvedon Marks Tey C/End and Marks Tey Jn Colchester L/End	42, 48, 02, 08, 14, 20, 26, 32 Up Main POSSESSION 2345 Mon-Tue to 0440 Tue-Wed Up Passenger Loop POSSESSION 2345 Mon-Tue to 0440 Tue-Wed Up Passenger Loop POSSESSION 2345 Mon-Tue to 0440 Tue-Wed If the possession on the Up line imports any kind of delay to Down services, this must not commence until 0025. No impact to down service until 0025 Tue and Wed	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN COLCHESTER AND KELVEDON STRUCTURE FOR THE AMENDED TRAIN PLAN TRAIN TO BE STABLED IN UP PASSENGER LOOP AT COLCHESTER NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE . DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING COLCHESTER) TO BE USED AS PATHING TIME AS REQUIRED MAINTENANCE GE CYCLIC TYPE 112
EA1011 EA1080	GE CYCLIC TYPE 112 Kelvedon and Colchester L/End Marks Tey and Sudbury	42, 48, 02, 08, 14, 20, 26, 32 Down Main POSSESSION 0025 to 0505 Thu-Fri Down & Up Sudbury POSSESSION 0025 to 0505 Thu-Fri If the possession on the Down line imports any kind of delay to Up services, this must finish by 0440. No impact to Up service beyond 0440 Thu and Fri	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN KELVEDON AND COLCHESTER L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED MAINTENANCE GE CYCLIC TYPE 112

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1011	GE CYCLIC TYPE 113 Kelvedon and Witham L/End Witham C/End and Witham	38, 44, 50, 04, 10, 16, 22, 28, 34 Up Main POSSESSION 0055 2320 Mon-Tue to 0445 Tue-Wed Up Passenger Loop/Platform 1 POSSESSION 0055 2320 Mon-Tue to 0445 Tue-Wed	TRAINS TO TRAVEL OVER THE DOWN MAIN BI-DIRECTIONAL LINE BETWEEN KELVEDON AND WITHAM L/END STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS UP TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE DOWN TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING COLCHESTER) MAINTENANCE GE CYCLIC TYPE 113
EA1011 EA1070	GE CYCLIC TYPE 113 Witham L/End and Kelvedon Witham and Witham C/End Witham Jn and Braintree	38, 44, 50, 04, 10, 16, 22, 28, 34 Down Main POSSESSION 0100 to 0450 Thu-Fri Down Passenger Loop/Platform 4 POSSESSION 0100 to 0450 Thu-Fri Up & Down Braintree POSSESSION 0100 to 0450 Thu-Fri	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN WITHAM L/END AND KELVEDON STRUCTURE FOR THE AMENDED TRAIN PLAN NETWORK RAIL TO OFFER REVISED TRAIN SCHEDULE PATHS TO OPERATORS DOWN TRAINS TO BE RETIMED WITH THE ENGINEERING ALLOWANCE OF 6 MINS TO BE USED AS REQUIRED FOR TPR COMPLIANCE UP TRAINS TO BE RETIMED IF NECESSARY WITH THE ENGINEERING ALLOWANCE OF 6 MINS (SHOWN IN THE WTT APPROACHING SHENFIELD) TO BE USED AS PATHING TIME AS REQUIRED MAINTENANCE GE CYCLIC TYPE 113

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1012 EA1530 EA1744	"IPS-PBO 1in6"	37*, 43, 49, 03, 09, 15, 21, 27, 33	2330 ex LIVERPOOL STREET TO NORWICH, TO BE REPLACED BY ROAD TRANSPORT BETWEEN IPSWICH AND NORWICH. (Tue- Thu)
	East Suffolk Jn and Trowse Jn	Down and Up Main POSSESSION 0040 to 0450 Tue-Thu	
	Europa Jn and Boss Hall Jn	Down and Up Bacon Factory Curve POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 (Tue-Fri)
	Claydon GF	Down Goods Loop (Claydon) POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE (Tue-Fri)
	Stowmarket L/End and Stowmarket	Down & Up Goods Loop POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	POSSESSION TO BE TAKEN AFTER PASSAGE OF 4E45 (Tue-Thu)
	Bury St. Edmunds and Haughley Jn	Down and Up POSSESSION 0040 to 0450 Tue-Thu 0110 to 0450 Fri	GREATER ANGLIA TO STABLE IN PLATFORMS 1,2 & 4 AT IPSWICH (Tue-Thu)
	Barham & Diss	Sidings Sidings POSSESSION 0040 to 0450 Tue-Thu	IPS TYPE 125
	East Suffolk Jn and Diss	POSSESSION Down and Up Main BLOCKED 0110 to 0450 Fri	
	Barham	Sidings Sidings POSSESSION 0110 to 0450 Fri	
		* 0110 to 0450 Thu in Week 37	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1012 EA1013 EA1580	NORWICH STATION AREA MAINTENANCE TYPE G	40, 46, 52, 06, 12, 18, 24, 30, 36	
	Trowse Swing Bridge and Lakenham	Up Main POSSESSION 0015 to 0530 Wed-Thu	0015 TO 0145 AND 0445 TO 0530 WED/THU, TRAINS TO TRAVEL OVER DOWN BI- DIRECTIONAL LINE BETWEEN TROWSE SWING BRIDGE AND LAKENHAM
	Trowse Swing Bridge and Trowse Jn	Down & Up Passenger Loop POSSESSION 0015 to 0530 Wed-Thu	ACCESS AVAILABLE TO/FROM CROWN POINT THROUGH SIDINGS VIA 2849 POINTS UNTIL 0145
	Hethersett GF and Trowse Jn	Down and Up Thetford POSSESSION 0015 to 0530 Wed-Thu	MAINTENANCE CYCLIC TYPE G
	Trowse Swing Bridge and Thorpe Jn	Line C POSSESSION 0145 to 0445 Wed-Thu	
	Crown Point	Wensum Curve Sidings POSSESSION 0145 to 0445 Wed-Thu	
	Lakenham and Thorpe Jn	Down Main/Single/Line D POSSESSION 0145 to 0445 Wed-Thu	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1090 EA1100 EA1110	IPS TYPE 120 DISRUPTIVE	45, 05, 17, 29	
	Colchester Jn and Clacton-on-Sea	Down and Up Clacton POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	2256 COLCHESTER TO WALTON-ON-NAZE IS DIVERTED TO CLACTON WITH A BUS FROM THORPE-LE-SOKEN TO WALTON-ON-NAZE. (Tue-Thu)
	Colchester and Colchester jn	Up and Down Avoiding POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	2318 LIVERPOOL STREET TO CLACTON TO TERMINATE AT COLCHESTER WITH A BUS TO CLACTON (Tue-Thu)
	East Gate Jn and Colchester Town	Down and Up Colchester Town POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	CLACTON DEPOT TO REMAIN LIVE ECS MOVES AT CLACTON TO BE RETIMED TRAINS TO BE STABLED IN PLATFORMS AT CLACTON (Tue-Fri)
	Hythe Jn and Colne Jn	Down and Up Hythe Curve POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	POSSESSION TO ALLOW FOR ECS TO REVERSE BEHIND CO1072 ON UP CLACTON SINGLE (Tue-Fri)
	Thorpe-le-Soken Jn and Walton-on-the Naze	Walton Single POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	ROAD TO BE OPEN AT THE FOLLOWING LC'S: EAST GATES LC, HYTHE LC, ALRESFORD LC, THORRINGTON LC, GREAT BENTLEY LC & FRINTON LC (Tue-Fri)
	Kirby Cross	Up Platform POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	
	Clacton-on-Sea	Platforms 1-4 POSSESSION 0001 to 0455 Tue-Thu 0110 to 0455 Fri	MAINTENANCE GE CYCLIC TYPE 120 (DISRUPTIVE)

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1090 EA1100 EA1110	IPS TYPE 120 NON-DISRUPTIVE	39, 51, 11, 23, 35	<p>CLACTON DEPOT TO REMAIN LIVE ECS MOVES AT CLACTON TO BE RETIMED TRAINS TO BE STABLED IN PLATFORMS AT CLACTON</p> <p>POSSESSION TO ALLOW FOR ECS TO REVERSE BEHIND CO1072 ON UP CLACTON SINGLE</p> <p>MAINTENANCE GE CYCLIC TYPE 120 (NON-DISRUPTIVE)</p>
	Colchester Jn and Clacton-on-Sea L/End	Down and Up Clacton POSSESSION 0110 to 0500 Tue-Fri	
	Colchester and Colchester jn	Up and Down Avoiding POSSESSION 0110 to 0500 Tue-Fri	
	East Gate Jn and Colchester Town	Down and Up Colchester Town POSSESSION 0110 to 0500 Tue-Fri	
	Hythe Jn and Colne Jn	Down and Up Hythe Curve POSSESSION 0110 to 0500 Tue-Fri	
	Thorpe-le-Soken Jn and Walton-on-the Naze	Walton Single POSSESSION 0110 to 0500 Tue-Fri	
	Kirby Cross	Up Platform POSSESSION 0110 to 0500 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1120	GE CYCLIC TYPE 117B	37, 40, 43, 46, 49, 52, 03, 06, 09, 12, 15, 18, 21, 24, 27, 30, 33, 36	NO ACCESS TO/FROM PARKESTON YARD / CARLESS SIDINGS
	Manningtree East Jn and Harwich International	Down Harwich POSSESSION 0045 to 0435 Tue-Fri	AT HARWICH INTERNATIONAL TRAINS TO BE OUTSTABLED FROM PLATFORMS 2 & 3 ON MONDAY AND TUESDAY NIGHTS AND OUTSTABLED FROM PLATFORMS 1 & 2 ON WEDNESDAY AND THURSDAY NIGHTS
	Harwich Town and Manningtree	Single/Up Harwich POSSESSION 0045 to 0435 Tue-Fri	TRAINS TO BE OUTSTABLED IN IPSWICH PLATFORM 2 AND COLCHESTER UP PASSENGER LOOP
	Manningtree North Jn and Manningtree East Jn	North Curve POSSESSION 0045 to 0435 Tue-Fri	5A61 & 5A75 TO BE RETIMED
	Manningtree	Platform 1 POSSESSION 0045 to 0435 Tue-Fri	PANTOGRAPHS TO BE LOWERED ON TRAINS STABLED AT HARWICH INTERNATIONAL AND IN PARKESTON CARRIAGE SIDINGS/YARD (391 AND 392 SECTIONS COMPLETE)
	Harwich International	Platforms 2-3 POSSESSION 0045 to 0435 Tue-Wed	POSSESSIONS TO 548 POINTS ON THE MONDAY AND TUESDAY NIGHTS AND TO INCLUDE PLATFORM 1 ON THE WEDNESDAY AND THURSDAY NIGHT
		Platforms 1-3 POSSESSION 0045 to 0435 Thu-Fri	GE CYCLIC TYPE 117B
	Mistley	Down Siding Sidings POSSESSION 0045 to 0435 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1161 EA1220 EA1230 LN125	WA CYCLIC TYPE J Stansted South Jn and Cambridge C/End Royston and Shepreth Branch Jn Stansted North Jn and Stansted East Jn Cambridge Cambridge and Cambridge L/End	38, 44, 50, 04, 10, 16, 22, 28, 34 Down and Up POSSESSION 0015 to 0430 Tue-Fri Down and Up Royston POSSESSION 0015 to 0430 Tue-Fri Up & Down Cambridge Chord POSSESSION 0015 to 0430 Tue-Fri Platforms 1-4/Through Line/Platform Line POSSESSION 0015 to 0430 Tue-Fri Down Slow/No.7 Platform Line/No.8 Platform Line 0015 to 0430 Tue-Fri	AMENDED TRAIN PLAN STRUCTURE: ROAD TRANSPORT FOR GA/GREAT NORTHERN SERVICES BETWEEN BISHOPS STORTFORD/ ROYSTON AND CAMBRIDGE FROM 0015 UNTIL END OF SERVICE 2C70/5C70/1C76/5C76 TO TERMINATE IN PLATFORMS 7 AND 8 AT CAMBRIDGE NO ISOLATIONS ALLOWED THAT AFFECT BISHOPS STORTFORD OR CAMBRIDGE CARRIAGE SIDINGS TRAINS MAY BE STABLED IN PLATFORMS 2, 3, 5, 6, 7 & 8 ONLY AT CAMBRIDGE PLATFORMS 1 & 4 TO BE CLEAR ROAD TO BE OPEN AT THE FOLLOWING LC'S: MELDRETH LC & SHELFORD LC These cyclics must align with LNE cyclical maintenance possessions between Hitchin (Cambridge Jn) & Meldreth. These WA-J possessions are back to back with East Coast Type E Section 5. WA CYCLIC TYPE J

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1161 EA1530	WA CYCLIC TYPE M	39, 45, 51, 05, 11, 17, 23, 29, 35	GA TO STABLE AT BISHOPS STORTFORD AND BISHOPS STORTFORD SIDINGS AS REQUIRED GA TO STABLE AT PLATFORM 3 CAMBRIDGE NORTH
	Cambridge and Ely Dock Jn	Down and Up POSSESSION 0025 to 0430 Tue-Fri	
	Cambridge	Platforms 4-6/Through Line/Platform Line/Down Goods Loop POSSESSION 0025 to 0430 Tue-Fri	NO ISOLATIONS ALLOWED THAT AFFECT CAMBRIDGE CARRIAGE SIDINGS.
	Cambridge North	Platform 3 POSSESSION 0025 to 0430 Tue-Fri	TRAINS MAY BE STABLED IN PLATFORMS 2, 3, 7 & 8 ONLY. PLATFORMS 1, 4, 5 & 6 TO BE EMPTY AT CAMBRIDGE
	Coldham Lane Jn and Dullingham	Up & Down Newmarket POSSESSION 0025 to 0430 Tue-Fri	ROUTE TO BE AVAILABLE BETWEEN COLDHAM LANE DEPOT AND PLATFORMS 7 AND 8 SIDINGS POSSESSION TO BE GIVEN UP TO PERMIT THE MOVEMENT OF TRAINS AS REQUIRED WA CYCLIC TYPE M

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1280 EA1340 EA1350	WA CYCLIC TYPE K	42, 48, 02, 08, 14, 20, 26, 32	FREIGHT SERVICES DIVERTED VIA SOUTH TOTTENHAM AND SEVEN SISTERS. ACCESS AVAILABLE TO ORIENT WAY CS VIA TOTTENHAM HALE (REV') AND TEMPLE MILLS WEST JN FOR ECS ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE WA CYCLIC TYPE K
	Stratford Central Jn East and Temple Mills West Jn	Down and Up Temple Mills POSSESSION 0040 to 0420 Thu / 0040 to 0450 Fri	
	Lea Jn and High Meads Jn	Down and Up Lea Curve POSSESSION 0040 to 0420 Thu / 0040 to 0450 Fri	
	High Meads Jn and Temple Mills East Jn	Down and Up High Meads Loop POSSESSION 0040 to 0420 Thu / 0040 to 0450 Fri	
	High Meads Jn and Channelsea North Jn	Down and Up High Meads Curve POSSESSION 0040 to 0420 Thu / 0040 to 0450 Fri	
	Temple Mills West Jn and Ruckholt Rd Jn	Temple Mills Loop POSSESSION 0040 to 0420 Thu / 0040 to 0450 Fri	
	Ruckholt Rd Jn	Reception Line POSSESSION 0040 to 0420 Thu / 0040 to 0450 Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1160 EA1200 EA1280 EA1290	WA CYCLIC TYPE D	37, 43, 49, 03, 09, 15, 21, 27, 33	<p>FREIGHT SERVICES DIVERTED VIA SOUTH TOTTENHAM AND SEVEN SISTERS. PASSENGER SERVICES DIVERTED VIA RECTORY ROAD AND SEVEN SISTERS. ACCESS AVAILABLE TO ORIENT WAY CS VIA TEMPLE MILLS EAST JN FOR ECS ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE.</p> <p>AMENDED TRAIN PLAN STRUCTURE: RAIL REPLACEMENT BUS SERVICE IN OPERATION</p> <p>ACCESS AVAILABLE TO/FROM TEMPLE MILLS LOOP VIA RUCKHOLT ROAD JN</p> <p>Isolations affecting Chingford Carriage Sidings and Chingford station to be-2350 M-Th to 0400 T-F, Pantographs to be lowered on all trains stabled in Platforms 1-3 Chingford. Shunting around Chingford Station permitted until 2320 M-Th, and shunting around Chingford Sidings area permitted until 2350 M-Th and from 0400 T-F'.</p> <p>3 platforms to be available at Liverpool St for outstabling from Chingford CS</p> <p>WA CYCLIC TYPE D</p>
	Cambridge Heath and Hackney Downs North Jn	Down and Up Fast POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Hackney Downs North Jn and Cheshunt Jn	Down and Up Cambridge POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Lea Bridge Jn and Meridian Water	Lea Valley Reversible POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Clapton Jn and Chingford	Down and Up Chingford POSSESSION 2320 Mon-Thu to 0400 Tue-Fri	
	Ruckholt Road Jn and Coppermill Jn	Down and Up Temple Mills POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Tottenham South Jn and South Tottenham East Jn	Down and Up Tottenham Curve POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Temple Mills West Jn and Ruckholt Rd Jn	Temple Mills Loop POSSESSION 2320 Mon-Thu to 0500 Tue-Fri	
	Clapton Jn and Chingford L/End	Down and Up Chingford POSSESSION 0400 to 0500 Tue-Fri	
	London Fields and Clapton	Down and Up Suburban POSSESSION 0200 Tue-Wed to 0400 Tue-Wed	
	Chingford	Platforms 1-3 POSSESSION 2320 Mon-Thu to 0400 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1200	PATROLLING TYPE D1 Chingford	49, 10, 23, 36 Platforms 2 and 3 POSSESSION 0150 to 0400 Tue-Wed Platform 1 POSSESSION 0150 to 0400 Thu-Fri Sidings POSSESSION 0150 to 0400 Tue-Fri	TRAINS TO BE OUTSTABLED FROM PLATFORM 2 AND 3 AT CHINGFORD TUE AND WED TRAINS TO BE OUTSTABLED FROM PLATFORM 1 AT CHINGFORD THU AND FRI PATROLLING TYPE D1

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1162	WA CYCLIC TYPE O Ely North Jn and Kings Lynn Kings Lynn	42, 48, 02, 08, 14, 20, 26, 32 Down and Up/Up & Down POSSESSION 2245 Mon-Thu to 0440 Tue-Fri Platforms 1-2 2245 Mon-Thu to 0440 Tue-Fri	TRAINS MAY BE STABLED IN KINGS LYNN PLATFORMS (EAST ANGLIA SECTIONAL APPENDIX, SECTION 1 REFERS). 2139/2239/2309, 1T66/1T70/1T72, KINGS CROSS TO KINGS LYNN TO TERMINATE AT ELY. 2258, 2T73, KINGS LYNN TO CAMBRIDGE WILL NOT RUN. RAIL REPLACEMENT ROAD TRANSPORT BETWEEN ELY AND KINGS LYNN ANY ISOLATION THAT AFFECTS KINGS LYNN CS TO BE LIFTED AT 0405 (PANTOGRAPHS TO BE LOWERED) 6L31 TO BE RETIMED ROAD TO BE OPEN AT THE FOLLOWING LC'S: LITTLEPORT LC, MAGDELAN ROAD LC & WATLINGTON ROAD LC WA CYCLIC TYPE O

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1160 EA1170 EA1180 EA1190 EA1300	WA CYCLIC TYPE B Cambridge Heath and Cheshunt Jn Reading Lane Jn and Navarino Road Jn Seven Sisters Jn and South Tottenham West Jn Bury Street Jn and Enfield Town Enfield Town London Fields And Clapton	39, 45, 51, 05, 11, 17, 23, 29, 35 Down and Up Suburban/Down and Up Southbury POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Graham Road Curve POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Up/Down Seven Sisters Chord POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Down and Up Enfield POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Platforms 1-3 POSSESSION 2335 Mon-Thu to 0515 Tue, Wed, Fri / 0445 Thu Down and Up Fast POSSESSION 0200 to 0400 Tue-Wed	TRAINS TO TRAVEL OVER FAST LINES BETWEEN BETHNAL GREEN NORTH JN AND HACKNEY DOWNS AMENDED TRAIN PLAN STRUCTURE. RAIL REPLACEMENT BUS SERVICE IN OPERATION OTHER SERVICES DIVERTED VIA LEA VALLEY ISOLATION OF CHESHUNT BAY PLATFORM TO BE LIFTED AT 0430 WA CYCLIC TYPE B
EA1190	INSPECTIONS TYPE B1 Cheshunt	37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 01, 02, 03, 04, 05, 06, 07, 08, 09, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36 Bay Platform POSSESSION 0105 to 0510 Thu	TRAINS TO BE OUTSTABLED FROM CHESHUNT BAY PLATFORM PATROLLING TYPE B1

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1210	WA CYCLIC TYPE I Broxbourne Jn and Hertford East Hertford East	41, 47, 01, 07, 13, 19, 25, 31 Down and Up Hertford POSSESSION 0035 to 0515 Tue-Fri Platforms 1-2 POSSESSION 0035 to 0515 Tue-Fri	TRAINS TO BE STABLED IN PLATFORMS AT HERTFORD EAST ISOLATION TO BE GIVEN UP AT 0440 T-F WA CYCLIC TYPE I
EA1220	PATROLLING TYPE L Stansted East Jn and Stansted Airport Stansted Airport	39, 52, 13, 26 Down Airport/Up & Down Airport/Up Arrival Down Up Departure Down/Up & Down Airport/Up Airport Line Blockage 0035 to 0455 Tue-Thu / 0035 to 0420 Fri-Sat Platforms 1-3 Line Blockage 0035 to 0455 Tue-Thu / 0035 to 0420 Fri-Sat	TRAINS TO BE OUTSTABLED FROM PLATFORM 1 AT STANSTED AIRPORT TUE AND WED TRAINS TO BE OUTSTABLED FROM PLATFORM 3 AT STANSTED AIRPORT THU AND FRI TRAINS TO BE OUTSTABLED FROM PLATFORM 2 AT STANSTED AIRPORT SAT ANY ISOLATION OF STANSTED AIRPORT TO BE LIFTED BY 0420 PATROLLING TYPE L

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1310 EA1320 MD155 MD150 MD160	NLL CYCLIC TYPE 1	42, 48, 02, 08, 14, 20, 26, 32	FREIGHT SERVICES DIVERTED VIA PRIMROSE HILL, WCML AND SOUTH WEST SIDINGS. ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE. GBRF/FCC ECS MOVES TO BE DIVERTED AND RETIMED. ACCESS TO BE MAINTAINED TO WeFOC AT HARLESDEN JN NO UNITS TO BE STABLED IN THE BAY PLATFORM AT GOSPEL OAK ARL TO STABLE IN PLATFORM 1 AT BARKING NLL CYCLIC TYPE 1
	Camden Road West Jn and Acton Wells Jn	Down and Up North London POSSESSION 0040 to 0530 Tue-Fri	
	Gospel Oak and Junction Road Jn	Down and Up T&H POSSESSION 0040 to 0530 Tue-Fri	
	Gospel Oak	Platform 3 POSSESSION 0040 to 0530 Tue-Fri	
	Kensal Green Jn and Willesden Suburban Jn	Down and Up New Line POSSESSION 0040 to 0530 Tue-Fri	
	Kensal Green Jn and Harlesden Jn	Down and Up City Line POSSESSION 0040 to 0530 Tue-Fri	
	Willesden High Level Jn and Mitre Bridge Jn	Down and Up High Level POSSESSION 0040 to 0530 Tue-Fri	
	Kensal Green Jn	Kensal Green Reverse Siding Sidings POSSESSION 0040 to 0530 Tue-Fri	
	Kensal Green Jn and Willesden High Level	Willesden Turnback Siding Sidings POSSESSION 0040 to 0530 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1180 EA1320 EA1340 EA1350 LN110	NLL CYCLIC TYPE 2	47, 01, 07, 13, 19, 25, 31	THAMESIDE FREIGHT DIVERTED VIA THE T&H
	Camden Road East Jn and Canonbury West Jn	Down and Up NLL/Down North London Relief Line/Up North London Reversible Line POSSESSION 0010 to 0105 Tue-Fri	ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE. ACCESS TO THE INCLINE AT CAMDEN JN TO BE MAINTAINED
	Camden Road East Jn and Channelsea North Jn/ Caledonian Road and Barnsbury	Down and Up NLL/Down North London Relief Line/Up North London Reversible Line POSSESSION 0105 to 0450 Tue-Fri	4V37 TO BE RETIMED AND RUN EARLIER AS 4V36
	Canonbury West Jn and Highbury Vale Jn	Up/Down Canonbury POSSESSION 0105 to 0450 Tue-Fri	POSSESSION TO BE TAKEN AFTER PASSAGE OF 4L00
	Navarino Road Jn and Reading Lane Jn	Graham Road Curve POSSESSION 0105 to 0450 Tue-Fri	6M85 KETTON TO CRICKLEWOOD TO BE RETIMED
	Lea Jn and Temple Mills East Jn	Down and Up Lea Curve POSSESSION Down and Up High Meads Loop POSSESSION 0105 to 0450 Tue-Fri	6O26/6X36 TO BE RE-TIMED
	Channelsea North Jn and High Meads Jn	Down and Up High Meads Curve POSSESSION 0105 to 0450 Tue-Fri	ACCESS AVAILABLE TO/FROM CANONBURY WEST JN UNTIL 0105 TUE-FRI NLL CYCLIC TYPE 2

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1310 EA1330 SW240	NLL CYCLIC TYPE 3 Acton Wells Jn and Gunnersbury Jn South Acton and Old Kew Jn/New Kew Jn Acton Wells Jn and Richmond Richmond	38, 44, 50, 04, 10, 16, 22*, 28, 34 Down and Up/Down and Up Richmond POSSESSION 0030 to 0115 Tue-Fri Down and Up Kew Branch/Down and Up Kew Spur POSSESSION 0030 to 0510 Tue-Fri Down and Up/Down and Up Richmond POSSESSION 0115 to 0510 Tue-Fri Platforms 3-7 POSSESSION 0115 to 0510 Tue-Fri * No Monday night in Week 22	MIDLAND MAIN LINE-SOUTHERN FREIGHT SERVICES DIVERTED VIA CARLTON ROAD JN, JUNCTION ROAD JN, SOUTH TOTT', STRATFORD, GOSPEL OAK, WILLESDEN HIGH LEVEL JN AND WEST LONDON LINE. TRAINS TO BE OUTSTABLED FROM RICHMOND AS REQUIRED (2 PLATFORMS MAXIMUM), TO BE IDENTIFIED AT DPPP LUL DISTRICT LINE SERVICE TO STABLE IN RICHMOND NLL CYCLIC TYPE 3

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1360 LN3219 LN3222 MD170 MD715	NLL CYCLIC TYPE 4	39, 45, 51, 05, 11, 17, 23, 29, 35	MIDLAND MAIN LINE-SOUTHERN FREIGHT SERVICES DIVERTED VIA CARLTON ROAD JN, JUNCTION ROAD JN, SOUTH TOTTENHAM, STRATFORD, GOSPEL OAK, WILLESSEN HIGH LEVEL JN AND THE WEST LONDON LINE.
	Acton Wells Jn and Dudding Hill Jn	Down and Up/Down and Up Goods POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	GBRf 6M02/6M43 RUN VIA NEASDEN WHEN GW103 ACTON WEST TO SOUTHALL RELIEFS ARE BLOCKED
	Dudding Hill Jn and Brent Curve Jn	Down and Up Brent Curve POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	
	Dudding Hill Jn and Cricklewood Curve Jn	Down and Up Cricklewood Curve POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	6M93 TO BE RETIMED TO RUN TO BRENT CURVE JN THEN RUN AS BOOKED ON THE SLOW LINES
	Neasden Jn	Up & Down Branch POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	NEASDEN SIGNAL BOX TO BE OPEN
	Acton Canal Wharf Jn and Territory Boundary (MD170 with Anglia)	Up & Down Acton Branch POSSESSION 2300 Mon-Thu to 0500 Tue-Fri	NLL CYCLIC TYPE 4

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1290 EA1300 EA1370 LN165 LN3210	NLL CYCLIC TYPE 5	40, 46, 52, 06, 12, 18, 24, 30, 36	<p>FREIGHT SERVICES DIVERTED VIA FOREST GATE JN, STRATFORD AND CAMDEN ROAD. ROUTE VIA DUDDING HILL, KEW EAST, NEW KEW JN, BARNES AND CLAPHAM JN TO BE AVAILABLE.</p> <p>FREIGHT SERVICES FROM FERME PARK TO RUN VIA THE INCLINE</p> <p>TRAINS TO BE OUTSTABLED FROM PLATFORM 3 AT GOSPEL OAK</p> <p>TRAINS TO BE STABLED AT PLATFORM 1 AT BARKING</p> <p>ISOLATION OF BARKING PLATFORM 1 TO BE LIFTED AT 0450</p> <p>NLL CYCLIC TYPE 5</p>
	Gospel Oak Jn and Woodgrange Park Jn	Down and Up T&H POSSESSION 0050 to 0520 Tue-Sat	
	Gospel Oak	Platform 3 (Gospel Oak) POSSESSION 0050 to 0520 Tue-Sat	
	Carlton Road Jn and Junction Road Jn	Down and Up Tottenham POSSESSION 0050 to 0520 Tue-Sat	
	Harringay Jn and Harringay Park Jn	Harringay Curve POSSESSION 0050 to 0520 Tue-Sat	
	Seven Sisters Jn and South Tottenham West Jn	Up/Down Seven Sisters Chord POSSESSION 0050 to 0520 Tue-Sat	
	South Tottenham East Jn and Tottenham South Jn	Down and Up Tottenham Curve POSSESSION 0050 to 0520 Tue-Sat	
	Junction Road Jn and Upper Holloway	Up Reception POSSESSION 0050 to 0520 Tue-Sat	
	Junction Road Jn and Upper Holloway	Cripple Sidings Sidings POSSESSION 0050 to 0520 Tue-Sat	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1400	LTS CYCLIC TYPE 1	41, 01, 07, 13, 19, 25, 31	TRAINS DIVERTED TO LIVERPOOL STREET
	Fenchurch Street and East Ham Depot L/End	Platforms 1-4/Down and Up Fast/Down and Up Slow/Down and Up Main POSSESSION 2045 to 2245 Mon-Thu	ACCESS AVAILABLE AT EAST HAM DEPOT C/END UNTIL 2245. ACCESS TO/FROM EAST HAM DEPOT UNAVAILABLE FROM 2245
	Fenchurch Street and Upminster L/End	Platforms 1-4/Down and Up Fast/Down and Up Slow/Down and Up Main POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	AMENDED TRAIN PLAN STRUCTURE: c2c SERVICES DIVERTED TO LIVERPOOL STREET.
	Bow Jn and Gas Factory Jn	Up Stratford Down POSSESSION 2045 Mon-Thu to 0425 Tue-Fri	ALL FOUR LINES TO BE AVAILABLE ON GEML BETWEEN LIVERPOOL STREET AND ILFORD DEPOT L/END JN / SEVEN KINGS.
	Gas Factory Jn	Up Passenger Loop POSSESSION 2045 to 2245 Mon-Thu	ARL UNITS TO BE STABLED IN BARKING PLATFORM 1 AND GOSPEL OAK PLATFORM 3
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	LTS CYCLIC TYPE 1
	Barking Tilbury Line Jn and Barking Tilbury Line Jn West	Up Tilbury/Fenchurch Street POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn and Barking	Down Fenchurch Street/Tilbury POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1400	LTS CYCLIC TYPE 1A Fenchurch Street and East Ham Depot L/End Bow Jn and Gas Factory Jn Gas Factory Jn	38, 44, 50, 04, 10, 16, 22, 28, 34 Platforms 1-4/Down and Up Fast/Down and Up Slow/Down and Up Main POSSESSION 2330 Mon-Thu to 0440 Tue-Fri Up Stratford Down POSSESSION 2330 Mon-Thu to 0440 Tue-Fri Up Passenger Loop POSSESSION 2330 Mon-Thu to 0440 Tue-Fri	c2c SERVICES DIVERTED TO LIVERPOOL STREET. ALL FOUR LINES TO BE AVAILABLE ON GEM L BETWEEN LIVERPOOL STREET AND ILFORD DEPOT L/END JN / SEVEN KINGS. c2c SERVICES TO TERMINATE AT BARKING OR UPMINSTER ACCESS AVAILABLE TO/FROM EAST HAM DEPOT AT C/END LTS CYCLIC TYPE 1A
EA1380	LTS CYCLIC TYPE 1B Barking and Upminster L/End Barking Tilbury Line Jn East and Upney Jn	38, 44, 50, 04, 10, 16, 22, 28, 34 Down and Up Main POSSESSION 2335 Mon-Thu to 0425 Tue-Fri Down and Up Connecting Line POSSESSION 2335 Mon-Thu to 0425 Tue-Fri	TRAINS DIVERTED VIA RAINHAM AND OCKENDON ACCESS TO BE AVAILABLE TO/FROM DOWN PLATFORM AT UPMINSTER FOR C2C SERVICES No easement to Section 4 times between Upminster and Shoebury. LTS CYCLIC TYPE 1B

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1410	LTS CYCLIC TYPE 2	37, 49, 09, 21, 33	c2c SERVICES DIVERTED VIA RAINHAM. ROAD TRANSPORT BETWEEN UPMINSTER AND GRAYS VIA OCKENDON AND UPMINSTER TO PITSEA VIA LAINDON. NO ACCESS TO MAIN LINE PLATFORMS AT PITSEA LTS CYCLIC TYPE 2
	Barking Tilbury Line Jn West and Pitsea	Down and Up Main POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Upminster and Grays	Up & Down Ockendon/Third Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Ockendon L/End and Ockendon C/End	Up & Down Loop POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	
	Laindon	Reversing Line POSSESSION 2245 Mon-Thu to 0425 Tue-Fri	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1410	LTS CYCLIC TYPE B (Down)	43, 03, 15, 27	TRAINS TO TRAVEL OVER THE UP MAIN BI-DIRECTIONAL LINE BETWEEN BARKING AND UPMINSTER.
	Barking and Upminster C/End	Down Main POSSESSION 0015 to 0100 Tue-Wed	2B46, 2B48 AND 2D88 TO BE MANUALLY DISPATCHED FROM UPMINSTER PLATFORM 1
	Barking and Upminster C/End	Down and Up Main POSSESSION 0100 to 0445 Tue-Wed	LTS CYCLIC TYPE B (Down)
	Barking Tilbury Line Jn East and Upney Jn	Down and Up Connecting Line POSSESSION 0100 to 0445 Tue-Wed	
	Upminster and Grays	Up & Down Ockendon/Third Line POSSESSION 0100 to 0445 Tue-Wed	
	Ockendon L/End and Ockendon C/End	Up & Down Loop POSSESSION 0100 to 0445 Tue-Wed	
	Barking and Upminster C/End	Down Main POSSESSION 0445 to 0525 Tue-Wed	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1410	LTS CYCLIC TYPE B (Up) Upminster C/End and Barking Barking and Upminster C/End Barking Tilbury Line Jn East and Upney Jn Upminster and Grays Ockendon L/End and Ockendon C/End	43, 03, 15, 27 Up Main POSSESSION 0015 to 0105 Thu-Fri Down and Up Main POSSESSION 0105 to 0445 Thu-Fri Down and Up Connecting Line POSSESSION 0105 to 0445 Thu-Fri Up & Down Ockendon/Third Line POSSESSION 0105 to 0445 Thu-Fri Up & Down Loop POSSESSION 0105 to 0445 Thu-Fri	LTS CYCLIC TYPE B (Up)

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380	LTS CYCLIC TYPE F	45, 05, 17, 29	TRAINS TO TERMINATE IN PLATFORMS 1 & 4 AT SOUTHEND CENTRAL, RAIL REPLACEMENT ROAD SERVICE BETWEEN SOUTHEND CENTRAL AND SHOEBOURNESS
	Southend Central and Shoeburyness	Down and Up Main POSSESSION 2355 Mon-Thu to 0355 Tue-Fri	
	Shoeburyness	Platforms 1-3 POSSESSION 2355 Mon-Thu to 0355 Tue-Fri	12 CAR 357 TO BE STABLED IN LEIGH ON SEA MIDDLE ROAD 8 CAR 357 TO BE STABLED IN PITSEA UP SIDING ISOLATION NOT PERMITTED 12 CAR 357 TO STABLE IN SOUTHEND CENTRAL PLATFORMS 1 AND 4 c2c TO SUPPLY MANUAL DESPATCH STAFF FOR PLATFORMS 1 AND 4 AT SOUTHEND CENTRAL NETWORK RAIL TO STABLE IN THE DOWN SIDING AT PITSEA LTS CYCLIC TYPE F

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1380 EA1390	LTS CYCLIC TYPE G Laindon and Leigh-on-Sea Stanford-le-Hope and Pitsea Jn Pitsea	48, 08, 20, 32 Down and Up Main POSSESSION 0010 to 0430 Tue-Fri Down and Up Tilbury POSSESSION 0010 to 0430 Tue-Fri Down Sidings Sidings POSSESSION 0010 to 0430 Tue-Fri Up Sidings Sidings POSSESSION 0010 to 0430 Tue-Fri	RAIL REPLACEMENT ROAD SERVICE TO OPERATE BETWEEN LAINDON AND LEIGH- ON-SEA & STANFORD-LE-HOPE AND PITSEA TRAINS TO TERMINATE / START FROM THE REVERSING LINES AT LAINDON AND LEIGH- ON-SEA & STANFORD-LE-HOPE PLATFORM 1 ECS OFF 2D84, 2D86 AND 2D88 TO RUN TO EAST HAM DEPOT VIA RAINHAM ECS OFF 2B42, 2B44, 2B45 AND 2B48 TO RUN TO EAST HAM DEPOT VIA UPMINSTER 2D01 AND 2B40 TO BE RETIMED 2B42 TO RUN 10 MINS EARLIER AT 2319 ECS TO RUN EAST HAM DEPOT TO STANFORD-LE-HOPE TO FORM 2D01 ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC LTS CYCLIC TYPE G

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1390	LTS CYCLIC TYPE 4a Thames Haven Jn and Pitsea Jn	39, 51, 11, 23, 35 Down and Up Tilbury POSSESSION 2220 Mon-Thu to 0420 Tue-Fri	c2c SERVICES TO TERMINATE AT GRAYS, ROAD TRANSPORT BETWEEN GRAYS AND PITSEA ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC LTS CYCLIC TYPE 4a
EA1390	LTS CYCLIC TYPE 4b Stanford-Le-Hope and Pitsea Jn	42, 02, 14, 26 Down and Up Tilbury POSSESSION 2220 Mon-Thu to 0420 Tue-Fri	c2c SERVICES TO TERMINATE AT STANFORD LE HOPE. ROAD SERVICE TO OPERATE BETWEEN STANFORD-LE-HOPE AND PITSEA 8 CAR CLASS 357 FORMATIONS TO BE RE- TIMED TO PASS AT GRAYS DUE TO A/C FEED ISSUES. DOWN SERVICE TO DEPART 1 MINUTE AFTER THE ARRIVAL OF THE UP SERVICE AT GRAYS ROAD TO BE OPEN AT THE FOLLOWING LC'S: PITSEA HALL LC AND STANFORD-LE- HOPE LC LTS CYCLIC TYPE 4b

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1430	Ips type ESK1 Westerfield Jn and Saxmundham	39, 45, 51, 05, 11, 17, 23, 29, 35 Down and East Suffolk/Up & Down East Suffolk POSSESSION 2310 Mon-Wed to 0610 Tue-Thu	Ips type ESK1
EA1430	Ips type ESK2 Saxmundham and Oulton Broad South Beccles	40, 46, 52, 06, 12, 18, 24, 30, 36 Down and Up East Suffolk/Up & Down East Suffolk POSSESSION 2355 Mon-Wed to 0525 Tue-Thu Up Platform POSSESSION 2355 Mon-Wed to 0525 Tue-Thu	Ips type ESK2

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1430 EA1470 EA1510	<p>IPS type 129a</p> <p>Reedham and Lowestoft</p> <p>Reedham Jn and Church Dam LC (UWC)</p> <p>Oulton Broad South and Oulton Broad North Jn</p> <p>Lowestoft</p>	<p>42, 48, 02, 08, 14, 20, 26, 32</p> <p>Down and Up Lowestoft POSSESSION 0015 to 0450 Tue-Thu</p> <p>Reedham Single POSSESSION 0015 to 0450 Tue-Thu</p> <p>Up & Down East Suffolk POSSESSION 0015 to 0450 Tue-Thu</p> <p>Platforms 2-4 POSSESSION 0015 to 0450 Tue-Thu</p>	<p>TRAINS TO BE OUTSTABLED FROM PLATFORMS 2-4 AT LOWESTOFT</p> <p>IPS type 129a</p>
EA1470 EA1500 EA1510	<p>IPS type 129</p> <p>Bungalow Lane LC (R/G-X) and Haddiscoe</p> <p>Brundall Jn and Yarmouth</p> <p>Acle</p> <p>Reedham Jn and Yarmouth</p> <p>Yarmouth</p>	<p>41, 47, 01, 07, 13, 19, 25, 31</p> <p>Down and Up Lowestoft POSSESSION 0020 to 0440 Tue-Thu</p> <p>Up & Down Acle Single POSSESSION 0020 to 0440 Tue-Thu</p> <p>Up Platform POSSESSION 0020 to 0440 Tue-Thu</p> <p>Reedham Single POSSESSION 0020 to 0440 Tue-Thu</p> <p>Platforms 2-4 POSSESSION 0020 to 0440 Tue-Thu</p>	<p>TRAINS TO BE OUTSTABLED FROM PLATFORMS 2-4 AT YARMOUTH</p> <p>IPS type 129</p>

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1470 EA1480 EA1490	IPS type 132	37, 49, 09, 21, 33	IPS type 132
	Wensum Jn and Bungalow Lane LC (R/G-X)	Down and Up Lowestoft POSSESSION 0040 to 0440 Tue-Thu	
	Whitlingham Jn and Cromer	Down and Up/Up & Down POSSESSION 0040 to 0440 Tue-Thu	
	North Walsham	Down Platform POSSESSION 0040 to 0440 Tue-Thu	
	Cromer	Platforms 1-2 POSSESSION 0040 to 0440 Tue-Thu	
	Cromer and Sheringham	Up & Down POSSESSION 0040 to 0440 Tue-Thu	

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1530 EA1540	"IPS-PBO 1in6" Chippenham Jn and Ambroses LC Chippenham Jn Chippenham Jn and Bury St Edmunds exc' - (BY48/BY2 Signals)	37, 43, 49, 03, 09, 15, 21, 27, 33 Down and Up Bury/Up & Down POSSESSION 2330 Mon-Thu to 0530 Tue-Fri Up Newmarket Down POSSESSION 2330 Mon-Thu to 0530 Tue-Fri Down and Up Main POSSESSION 2330 Mon-Thu to 0530 Tue-Fri	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE AND EAST COAST MAIN LINE. 4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 WA Cyclic Type U

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1161 EA1162 EA1540 EA1550 EA1560 EA1580	“IPS-PBO 1in6” Ely North Jn and March East Jn March March East Jn and Ely North Jn March Ely Dock Jn and Queen Adelaide LC (AHBC-X) (ELR:BGK/LOR:EA1162) Ely Ely Dock Jn and Ambroses LC Ely North Jn and Queen Adelaide LC (AHBC-X) (ELR:ETN/LOR:EA1580)	37, 43, 49, 03, 09, 15, 21, 27, 33 Down/West Curve/Down Goods No. 1 and 2 POSSESSION 2240 Mon-Thu to 0420 Tue-Fri Down Sidings Sidings POSSESSION 2240 Mon-Thu to 0420 Tue-Fri Up/Up Goods No.1/Up Reception POSSESSION 2315 Mon-Thu to 0420 Tue-Fri Up Sidings Sidings POSSESSION 2315 Mon-Thu to 0420 Tue-Fri Down and Up POSSESSION 0035 to 0420 Tue-Fri Down Goods Loop/Up Platform Loop/Up Goods Loop POSSESSION 0035 to 0420 Tue-Fri Up & Down POSSESSION 0035 to 0420 Tue-Fri Down and Up Norwich POSSESSION 0035 to 0420 Tue-Fri	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE AND EAST COAST MAIN LINE. 6L31 RETIMED TO DEPART PETERBOROUGH AT 0403 EAST JN 0405 MARCH 0426, ELY WEST CURVE 0444 AND RUN VIA ELY WEST CURVE. ARRIVE MIDDLETON TOWERS AT 0838 6E84 RETIMED TO DEPART MIDDLETON TOWERS AT 0838 6L38 TO BE RETIMED 4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 WA Cyclic Type V

ANGLIA ROUTE – continued

Route	At or Between	Week Numbers	Traffic Remarks
EA1560 EA1570 LN135	"IPS-PBO 1in6"	37, 43, 49, 03, 09, 15, 21, 27, 33	CROSS COUNTRY FREIGHT SERVICES TO BE DIVERTED VIA THE GREAT EASTERN MAIN LINE / NORTH LONDON LINE AND EAST COAST MAIN LINE. 6L31 RETIMED TO DEPART PETERBOROUGH AT 0403 EAST JN 0405 MARCH 0426, ELY WEST CURVE 0444 AND RUN VIA ELY WEST CURVE. ARRIVE MIDDLETON TOWERS AT 0838 6E84 RETIMED TO DEPART MIDDLETON TOWERS AT 0838 6L38 TO BE RETIMED 4L73 TO BE RETIMED FROM WEMBLEY TO AVOID CLASH WITH 4L96 WA Cyclic Type W
	Spital Jn and March East Jn	Up March/Up POSSESSION 2250 Mon-Tue to 0405 Tue-Wed	
	March West Jn and Whitemoor Jn	West Curve POSSESSION 2250 Mon-Tue to 0405 Tue-Wed	
	Peterborough	Platform 6 POSSESSION 2250 Mon-Tue to 0405 Tue-Wed	
	March East Jn and Spital Jn	Down/Down March POSSESSION 2330 Mon-Tue to 0500 Tue-Wed	
	Peterborough Station	Two Way Goods Line POSSESSION 2330 Mon-Tue to 0500 Tue-Wed	
	Peterborough	Platform 7 POSSESSION 2330 Mon-Tue to 0500 Tue-Wed	